

PATRICIA BARNES
1510 Midvale Avenue, Baltimore, Maryland 21228
Phone: 443-416-0842
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CAREER INTENTION

To integrate yoga and occupational therapy in practice, research and teaching.

EXPERIENCE

9/2008 – present: Adjunct faculty at Community College of Baltimore County; Holistic Health and Yoga Classes

3/2008-3/2009 Fall Prevention Specialist, Maryland Department of Aging

1/2008 – present: Independent OT with Medicare Program

3/2006 – 3/2008: Kernan Orthopedics and Rehabilitation
Per Diem Occupational Therapist

1999- 2006: Johns Hopkins Home Health Services
Occupational Therapist

1997-1999: Central Maryland Rehabilitation Center

- Supervised multiservice program of physical, occupational and speech therapists
- Performed program development and evaluation
- Participated in strategic planning and marketing

1994-1997: Easter Seal Society

- Developed and directed contract therapy program
- Developed low vision program
- Marketed services, monitored budget, implemented outcome study

1991-1993: Meridian Rehabilitation Services

- Managed occupational and physical therapy services
- Coordinated speech therapy services
- Assisted in developing career ladder

1983-1991: Contractor in various physical disability settings

1980-1983: Sinai Hospital, Staff Occupational Therapist

2003- present : Yoga Teacher

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EDUCATION

Yama Studio of Baltimore- 500-hr. yoga therapy training program (2011)

Yoga Center of Columbia - 200-hr teacher training program (2003)

Towson University - MS in Occupational Therapy with concentration in
Administration and Management (1997)

Towson University - BS in Occupational Therapy (1980)

PROFESSIONAL AFFILIATIONS

Member, Maryland Occupational Therapy Association (1979-present)

Member, American Occupational Therapy Association (1979-present)

Yoga Alliance, 200 hour teacher training certification (2004)

Affiliate, Dynamic Systems Rehabilitation (2004)

Member, Alliance for Aging Research (2005)

Member, International Association of Yoga Therapists (2005)

PRESENTATIONS

YOGA FOR THE CHRONIC CONDITIONS OF MIDLIFE: MOTA (2011)

MOVING WITH CONFIDENCE: OT IN FALL PREVENTION: MOTA (2008)

YOGA FOR THE OLDER PATIENT: CARE RESOURCES (2007)

YOGA FOR OT'S AND THEIR PATIENTS: MOTA (2007)

PUBLICATIONS

Co-authored "The Expanded Role for Rehabilitation in Home Care" and

"The Model Home Care Team" in Home Health Care Management &

Practice, June 2003

INTERESTS

Neurology, Physical Disabilities, Gerontology, Sensory Impairments,
Therapeutic Yoga, Organic Gardening

REFERENCES

AVAILABLE UPON REQUEST
